

Arlington Counseling Program Competencies

Linked to VA and ASCA Standards: **Academic**

PreK/Kindergarten	Grade 1	Grade 2	Grade 3	Grade 4	Grade 5
AK.1: Name the expectations of the educational environment and begin to demonstrate individual initiative and a positive interest in learning [EA1; EA5; A:A1]	A1.4: Identify and demonstrate the expectations of the educational environment (e.g., share knowledge) [EA1; A:A3]	A2.7: Identify and demonstrate characteristics of school success (e.g., individual initiative and interest in learning) [EA2; EA5; A:A1]	A3.10: Evaluate individual effort, hard work, and persistence [EA2 ; A:B2]	A4.13: Recognize and discuss personal strengths and weaknesses related to learning [EA10; A:A2]	A5.17: Examine and use personal strengths and weaknesses related to learning style to positively influence school performance [EA10; A:A2]
AK.2: Acquire and use communication skills to ask for help when needed [EA6; A:A2]	A1.5: Identify and demonstrate positive and independent work habits [EA2;EA7; A:A1]	A2.8: Demonstrate cooperative behavior in small and large group learning activities [EA8; A:A3]	A3.11: Compare current school success is a step for future school success and preparation for becoming a successful adult member of the community [EA3;A:C1]	A4.14: Develop, implement, and evaluate time management and organizational skills [EA11; A:A2]	A5.18: Identify and demonstrate organizational skills [EA11]
AK.3: Compare the relationship of academic achievement to future success [EA3; A:C1]	A1.6: Recognize that mistakes are essential to the learning process [EA4; A:A1]	A2.9: Recognize and categorize different ways people learn [EA10; A:B1]	A3.12: Acquire and use study skills and test taking strategies [EA9; A:B1]	A4.15: Demonstrate and use study skills necessary for academic achievement [EA12; A:B1]	A5.19: Acquire and use critical thinking skills [EA13; A:B1]
				A4.16: Identify and demonstrate characteristics of a self-directed and independent learner [EA7; A:B1]	A5.20: Demonstrate awareness of what is required to prepare for and succeed in middle school [EA14; EP8; A:B2]